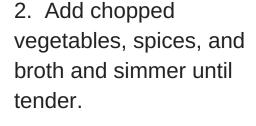
Formula for a Creamy Vegetable Soup

that will get compliments every time

 Saute onions in oil until softened, stirring.
 Can also use leeks and/or garlic.













3. Puree and add creamy option.



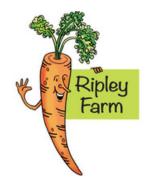


4. Check seasonings and enjoy!



Tired of "blah" tasting carrots and wilted lettuce at the grocery store? We can help.

Our carrots are addicting and our lettuce is crisp!



Join our CSA for organic vegetables harvested fresh just for you direct from our family farm. Our **free recipes and training resources like this one** will inspire you to put more and better vegetables onto your family's table--and feel good about it!

Email Mary Margaret at mm@ripleyorganicfarm.com. I'd love to hear from you!